

# Illinois Activity Professionals Association 39th Annual Conference



**October 3 – 5 , 2018**

**Northfield Inn, Suites and Conference Center  
Springfield, Illinois**

**IAPA** presents its 39<sup>th</sup> Annual Conference designed to interest and educate Activity Professionals, Therapeutic Recreation Specialists, Nursing Home Administrators, Social Workers, Consultants, CNAs, and other professionals working in nursing homes, retirement communities, assisted living facilities, supportive living facilities, adult day centers, senior centers, hospitals and mental health settings throughout Illinois.

Activity Directors, Certified Therapeutic Recreation Specialists, Licensed Nursing Home Administrators, Licensed Clinical Social Workers, CNAs, and other attendees can earn up to 18 continuing education clock hours. IAPA, in co-sponsorship with University of Illinois College of Medicine, Department of Family Medicine in collaboration with the Continuing Education Institute of Illinois, is providing these continuing education credits.

### **Important Information:**

- You **must** pre-register for this conference. On-site registration is **not** accepted.
- No acknowledgement of registration will be sent unless you request an e-mail confirmation.
- Register early because space is limited in some sessions.
- Make sure to mark your first and second choices on the registration form.
- CEs are provided as part of the registration fee. **There is no additional charge.**
- Replacement of CE forms after the conference will be assessed at \$25.00.
- We accept checks, money orders, credit cards and Paypal.

### **Refund Policy:**

Cancellations postmarked on or before 9/14/18 will receive a full refund.

Cancellations postmarked 09/15/18 – 9/21/18 will receive a refund less a \$50 processing fee.

Cancellations postmarked on or after 09/22/18 will not be refunded.

### **Take Advantage of IAPA Membership!!!**

If you are not currently a member of IAPA now is the time to join and take advantage of lower conference rates for members. Complete the membership application in this brochure, include the \$35 individual membership dues or \$50 facility membership dues with your conference registration fee and select the IAPA member rate category.

### **Hotel Information**

Northfield Inn, Suites and Conference Center is located at 3280 Northfield Drive, Springfield, IL, 62702. Make reservations by calling 217-523-7900. Identify yourself as part of the Illinois Activity Professionals Association (IAPA) to ensure the group rate of \$97.00 for a standard room or \$107 jacuzzi room, king suite (king bed and sofa bed). In addition to the special rate, an extended continental breakfast is included in the price of the room. The cut-off date to reserve rooms at the special rate is September 18, 2018. Please make your reservations early. There is a 72 hour cancellation policy, but they will not hold rooms past September 18.

### **Don't Miss These Deals!**

- **Facility Membership!** Take advantage of the member price for your entire staff. Fill out the Facility Membership Application and enclose a check for \$50.00 and each member of your staff can attend the conference at the discounted member price.
- **Mix and Match!** Mix and match conference days and staff. Take advantage of the discounted rates and send different staff each day.
- **Bring Your Administrators!** Share the conference information with your administrator and let them know that they too can receive CE's by attending the conference. Administrators that attend the conference **with one of their staff** pay \$100 for 2 days.
- **Retired IAPA Board Member!** Keep up with your CE's and pay \$100 for 2 days.

### ***Direct Questions to:***

Nancy Ichinose, Executive Secretary and Education Chair (847) 342-1814 or (847) 492-4872

# 2018 Conference Presenters

Jody Baalman, CAP

Tammy A. Bitner, MSW, LCS#

Susan Frick, MSW, LSW

Rebecca J. Froman Freiman, MA, MT-BC

Pam Goff, Activity Professional

Deb Greiner, UDC

Debra Joy Hart, RN, BFA, CT, CLL-E

Brenda Hunt, Activity Director

Kimberly Jornd, BAS, CTRS

Jeff Lathrop, Activity Director

Claire Metz

Lisa Olson, BA, ADC, CDCS

Amy Pannier, MSW, LSW

Susan Quattrochi-Tubin, PhD, CTRS, CPRP,  
CDP, ACC, CAC, AC-BC, LNHA

Janet Sand, MSW, LCSW

Kenny Shuman, BA

Helene Simon, B in Communications, CAP,  
CDP, CDCS

Carla Bacon Smith, BS, CDP

Jennifer L. Stoner, MS, CTRS, CDCS, CDP

Denise Spihlman, MSW, LCSW, CDP

Nancy Swanson, MA, MT-BC

Jim Vanden Bosch, MA

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## Conference Objectives

- ✓ To provide a quality conference that educates, motivates and revitalizes the attendees.
- ✓ To offer education sessions that focus on the varied professional and personal needs of the attendees.
- ✓ To support the exchange of ideas and sharing of knowledge and experience with other professionals.
- ✓ To provide education and sample techniques needed by attendees in order to enhance their expertise, skills, ideas and creativity.
- ✓ To provide attendees the opportunity to grow in leadership, professionalism and knowledge.
- ✓ To provide all members of the Interdisciplinary Team with information and insight related to the value of activities in enhancing residents' quality of life.

# Conference Schedule and Agenda

October 3 – 5, 2018

**Wednesday, October 3, 2018**

8:00 – 7:00 p.m. CONFERENCE REGISTRATION

## INTENSIVE SESSION CHOICES

**Choose (1) 5-Hour Session 9:00 a.m. – 3:00 p.m. or**

**(1) 4-Hour Session 8:00 a.m. – 12:00 p.m.**

**and/or (1) 4-Hour Session 1:00 p.m.-5:00 p.m.**

**Lunch and Progressive Raffle from 12:00 p.m. – 1:00 p.m.**

**1. Taking the Journey from Activity Programming into Meaningful and Personalized Engagement** – Jim Vanden Bosch, MA, Executive Director, Terra Nova Films & Deb Greiner, UDC

This presentation will explore how the Federal Regulations now require facilities and employees to show understanding of the importance of person centered living opportunities for all residents, especially those living with dementia. We will do a self-evaluation of your current programs and calendars, share experiences of actually living as a resident in a memory care secured unit, review a variety of care options through film clips, review current and upcoming regulations, and discuss how they impact your programs all while encouraging personalized engagement.

**2. CPR Training – Adult, Child, Infant & AED** – Kenny Shuman, BA, Activity Director, Hope Creek Care Center, East Moline

This CPR Certification or Recertification course includes the latest American Red Cross guidelines on how to provide Adult, Child, and Infant CPR, including the use of an Automated External Defibrillator (AED). You will learn the distinctions of how to react and respond to an emergency situation in which adult, child or infant CPR must be performed. The cost of the class includes participation booklet and the official card showing that you are certified (\$20 value). **(LIMIT 30)**

**3. First Aid Training for Adults and Pediatrics** – Kenny Shuman, BA, Activity Director, Hope Creek Care Center, East Moline

This First Aid Certification or Recertification course includes information and the skills you need to help adults and children during many emergency situations. By administering immediate care during an emergency, you can help an ill or injured person and may be able to help save a life. The cost of the class includes participation booklet and the official card showing that you are certified (\$20 value). **(LIMIT 30)**

7:00 – 9:00 p.m. WELCOME RECEPTION AND EXHIBIT AREA OPEN

Join us as we meet new friends and rekindle old friendships. Each vendor will be giving away a door prize at the end of the evening. Winners must be present to receive prizes.

***Sponsored by Chicagoland Activity Professionals Association,  
HealthPRO Rehabilitation, and Quality Care Consulting Services***

## Thursday, October 4, 2018

8:00 – 5:00 p.m. CONFERENCE REGISTRATION OPEN

8:00 – 5:00 p.m. EXHIBIT AREA OPEN

### BREAKOUT SESSION CHOICES

IAPA reserves the right to limit the number of session participants in order to enhance the educational experience, because of this we recommend registering **EARLY**. We cannot guarantee your first choice, so indicate 1<sup>st</sup> and 2<sup>nd</sup> choices on registration form.

#### Choose (1) 90-Minute Session 8:30 A.M. – 10:00 A.M.

- A. The Dance of Well-being: Finding New Avenues of Expression for Persons Living with Dementia** – Jim Vanden Bosch, MA, Executive Director, Terra Nova Films  
Using clips from several videos, this presentation will look at how the emotional sensitivities of persons who are living with dementia need to be recognized and engaged as pathways to meaningful connection and self-expression. The video clips will demonstrate first-hand how the use of music, painting, dance, and storytelling open up new avenues of expression that enable persons living with dementia to be vibrantly connected with others, their environment and themselves.
- B. Canvas Creations: Looking Beyond the Paint** – Pam Goff, Activity Professional, Hope Creek Care Center, East Moline, Illinois (**LIMIT 30**)  
In the Canvas Creations presentation we will be going beyond the paint using Button Art added to create that different look. You will have several different patterns to choose from. You can also put your own saying, etc. on to reflect your design.
- C. “It’s All in Your Head”:** Focus on Cognition – Carla Bacon Smith, BS in Music, CDP, Owner, Lifetime Expressions, Bartlett, Illinois  
Cognitive function is a key component in everything we do and directly impacts abilities and independence. Working to help residents of all levels maintain their cognition at its highest level is vital in supporting quality of life. Come explore a variety of approaches to stimulate cognitive abilities and walk away with dozens of new ideas to energize and enhance your programs.
- D. Imagine the Music** – Helene Simon, B in Communication, CAP, CDP, CDCS  
What type of programs usually attract the most residents? In my experience it is those that involve music. Learn how to use improvisation, discussion, and art with any type of music.

10:00 – 10:30 a.m. EXHIBIT AREA OPEN

- 10:30 – 12:00 p.m. **E. KEYNOTE ADDRESS – Holding the Light: Power and Healing of Laughter and Mirth** – Debra Joy Hart, RN, BFA, CT, CLL-E  
What happens when a clown, a minister and a nurse walk into a conference? You get a program that has you laughing, loving and learning. A fast paced 90 minutes of learning how laughter helps your body stay healthy, your mind stay sharp and why mirth helps you stay emotionally connected with people and yourself. Debra Joy Hart (who is a clown, a minister and a nurse) will lead us in laughter exercise, play-filled jocularly and mindful planned spontaneity. Debra also touches on hard subjects such as “when to laugh and when to cry.” Her beautiful bubble meditation will help you reframe grief’s journey.

12:15 – 1:30 p.m. **LUNCHEON** (You must indicate on your registration form if you will be attending.)  
**CONFERENCE OPENING AND CALL OF REGIONS**  
**GENERAL MEMBERSHIP MEETING**  
**INSTALLATION OF NEW OFFICERS AND CERTIFICATION BOARD MEMBERS**  
**PROGRESSIVE RAFFLE**

## Choose (1) 90-Minute Session

1:45 P.M. - 3:15 P.M.

- F. Life is a Highway: Addressing Behaviors in Activities** – Kimberly Jornd, BAS, CTRS, Consultant, Outcome Services of Illinois, Breese, Illinois

In this session we will learn about the role that Activities plays in behavior management. We already know that resident behaviors can have a negative impact on the individual displaying the behavior, other residents, as well as staff. Activity staff need to play an active role in the managing behaviors such as providing specific programming and non-pharmaceutical interventions. We will address common behaviors, psychosocial well-being, psychotropic medication use, behavior documentation and provide direction for activity programming based off regulatory requirements. By the end of this session you will have the understanding and resources needed to go back to your facility and implement Activity based behavior interventions.

- G. “Never Bored When You Have a Board!” Creating Fabulous Art Projects to Benefit Your Residents and Their Activity Programs** - Clare Metz, South Beloit, Illinois **(LIMIT 25)**

Participants will create their own art project to take home while learning the process of using wood, metal and other mediums with a silhouette technique. It will offer opportunity to create art programs for residents, creative family time with loved ones and fundraising options to benefit future resident programming.

- H. Activity Programming for Men** – Amy Pannier, MSW, LSW, Long Term Care Consultant, Health Services Consultants, Inc., Champaign, Illinois, Tammy A. Bitner, MSW, LCSW, Director of Consultation Services, Heath Services Consultants, Inc., Champaign, Illinois.

This session will offer a variety of ideas for programming for the men in your facility. We will explore psychosocial issues and challenges for the male resident. The importance of programming for men will be discussed. The session will conclude with techniques and ideas to motivate your men to participate in the activity programming while addressing the wide range of functional levels in your facilities.

- I. Travelling the Resilience Road** – Debra Joy Hart, RN, BFA, CT, CLL-E

What do you bring with you to work besides a smile and a caffeinated beverage? In today's work environment everyone needs a good dose of resilience. Resilience is like an extra gas tank. When you seem to run out of smiles and pleasantries for your staff or clients, this 3 P resilience system will get you back on the road. Debra Joy Hart will have you laughing, and discovering what resilience tools you already have and can add to.

## Choose (1) 90-Minute Session

3:30 P.M. – 5:00 P.M.

- J. Journey through the Senses** – Janet Sand, MSW, LCSW, Long Term Care Consultant, Health Service Consultants, Inc., Champaign, Illinois

You will experience some of the things our residents go through as they progress in age and levels of dementia. Whether it is due to loss of senses or overstimulation our residents experience things and their surroundings differently than most people which can disrupt their day. Without understanding what they may experience it can cause frustration for us and them. Let's try to see the world they live in.

- K. “Never Bored When You Have a Board!” Creating Fabulous Art Projects to Benefit Your Residents and Their Activity Programs** - Clare Metz, South Beloit, Illinois **(LIMIT 25)**

Participants will create their own art project to take home while learning the process of using wood, metal and other mediums with a silhouette technique. It will offer opportunity to create art programs for residents, creative family time with loved ones and fundraising options to benefit future resident programming.

- L. “Don't Stress Me Out”: Teaching Relaxation to Seniors** - Carla Bacon Smith, BS in Music, Owner, Lifetime Expressions, Bartlett, Illinois

Stress is a part of life in today's fast paced world. Seniors are often facing losses and challenges to their health and independence that produce additional stress, they can benefit from relaxation education and opportunities. This session will teach a variety of

techniques, including movement, guided imagery, aromatherapy and progressive relaxation that the recreation professional can use to promote relaxation and assist in stress relief.

**M. Get Your Kicks on Route 66 – Denise Spihlman, MSW, LCSW, CDP, Director of Consulting Services, Outcome Services of Illinois, Breese**

This session is going to give you, as activity staff, the tools and information you need to make your activity department be at its best. It is tough right now to work in activities, with a changing resident population, limited resources to work with and you as staff being pulled in so many directions. In this session we are going to look at activities in the new survey process, talk about the regulations that impact activities and give guidelines and suggestions for activity programming. Activities is the heart and soul of a nursing home, and you, as staff, will be able to build on the program you have with this session.

**6:00 – 9:00 p.m. ANNUAL AWARDS BANQUET AND ROUTE 66 HAYDAY COSTUME PARTY**  
Come join us for an evening of special fun at our annual dinner and IAPA Awards Ceremony. We will have a wonderful costume dance party. Please dress for the occasion in your best 1950 – 1960's costume and dance the night away with the great entertainers of that era featuring Frank Sinatra and Elvis Presley. We will also play a virtual scavenger hunt for a chance to win prizes and don't forget our Progressive Raffle will be drawn.

**Friday, October 5, 2018**

**8:00 – 9:00 a.m. CONFERENCE REGISTRATION OPEN**

**Choose (1) 90-Minute Session  
8:30 A.M. – 10:00 A.M.**

**N. The Different Types of Dementia- Susan Quattrochi-Tubin, PhD, CTRS, CPRP, CDP, ACC, CAC, AC-BC, LNHA, President Quality Care Consulting Services, Inc., Chicago, Illinois**

Dementia is an “umbrella term” that includes over 70 different diagnoses. Memory Care / Special Care Units serve the needs of people with a variety of different dementia diagnoses. Understanding the brain changes associated with a particular diagnosis can help in understanding behavioral and psychosocial symptoms such as Primary Age-related Taupathy/P.A.R.T., Vascular, Mixed Dementia, Lewy Body, Frontotemporal, Parkinson's, Huntington's, Alcohol Related, Hippocampal-Sparing, Pseudementia, HS-Aging and other causes of dementia.

**O. Recyclables: How to Use Them in Crafts and Decorations – Jody Baalman, CAP**

Keeping folks motivated and reducing boredom can be a difficult task. Most importantly you need to know resident likes, dislikes and passions. Utilizing these facts will make your programs more viable for the groups you serve. Working craft projects and games into your daily routine will add fun to your programs and purpose for the residents. In this session you will learn about ideas for low budget crafts and decorations using recyclable materials.

**P. Praying in Color - Lisa Olson, BA, ADC, CDCS, Activity Coordinator, Kreider Services, Inc., Dixon, Illinois**

Participants will receive an entire curriculum designed for people with mild to severe cognitive impairment for the topics of dealing with loss. This loss can be in the realm of death and dying as well as loss of ability. There is a 12 week curriculum for those less impaired as well as eight stand-alone activities for people with more cognitive challenges. Hands on participation will be expected as well as discussion.

**Q. Meeting Cultural Needs: A Matter of Respect – Jennifer L. Stoner, MS, CTRS, CDCS, CDP, Consultant, Quality Care Consulting Services, Chicago, Illinois**

This session will look at the impact of culture on our lives, the lives of our clients and the healthcare system. Practical approaches to meeting the cultural needs of our clients will be explored.

**10:00 – 10:30 a.m. BREAK/HOTEL CHECK-OUT**

## Choose (1) 90-Minute Session

10:30 A.M. – 12:00 P.M.

**R. Alzheimer's Disease and Community: Walking Together and Sharing the Experience –**  
Susan Frick, MSW, LSW, Social Worker/Education and Recruitment Coordinator, Rush  
Alzheimer's Disease Center, Chicago, Illinois

This is the experience of families living with Alzheimer's disease, this session will explore how we all have a role in creating dementia friendly communities. Video clips with the recently released PBS Documentary "Too Soon to Forget: The Journey of Younger Onset Alzheimer's Disease," the areas of isolation, adjustments and the healing power of community will be explored. Participants will learn how they can join the grassroots initiatives of Dementia Friendly Communities and Dementia Friends.

**S. Party Themes -** Brenda Hunt, Activity Director, CMH Magnolia Center; Jeff Lathrop, Activity  
Director, Flora Gardens Care Center

Are you stuck for a party theme? We have 66 themes you can choose from. 33 will be Route 66 themes. Come and have a great time with us.

**T. Using Music Effectively with Older Adults –** Rebecca J. Froman Freiman, MA, MT-BC, Founder  
Greater Chicago Music Therapy, Inc. and Nancy Swanson, MA, MT-BC, Owner Northshore Music  
Therapy, Inc.

Board certified music therapists Rebecca J. Froman Freiman and Nancy Swanson will share their knowledge and experiences using music with older adults. Participants will learn different ways in which music can be used with those they serve and how music can successfully meet psychosocial needs. Attendees will learn how to effectively plan and implement music activities for older adults and will gain tools to create unique and successful music programming.

12:15 – 1:15 p.m. **LUNCHEON** (You must indicate on your registration form if you will be attending.)

1:15 – 2:15 p.m. **V. CLOSING ADDRESS - The Music Connection –** Rebecca J. Froman Freiman, MA,  
MT-BC, Founder Greater Chicago Music Therapy, Inc. and Nancy Swanson, MA,  
MT-BC, Owner Northshore Music Therapy, Inc.

Conference attendees will be filled with energy and music as they participate in this interactive closing session. Board certified music therapists Rebecca J. Froman Freiman and Nancy Swanson will share music activity ideas which can be successfully integrated into activity programs. Come prepared to learn a bit about music therapy, the benefits of music, and music making experiences to share with those you serve.

2:15 – 3:00 p.m. **PROGRESSIVE RAFFLE DRAWING, 50/50 DRAWING, SILENT AUCTION, (must be present to win)  
EVALUATIONS AND ADJOURNMENT**

**Credit Card or Paypal Option!** You may use your credit card or Paypal to pay for your conference registration and membership fees. To use your credit card or Paypal account, email your completed application and payment preference to [info@illinoisactivities.org](mailto:info@illinoisactivities.org) or fax it to 847-342-1814. There is a 3% convenience charge for this service. Example: \$200 conference + \$6.00 fee, \$275 conference + \$8.25 fee, etc. Fee will be determined based on what your registration costs are. Questions? Call Nancy at 847-342-1814 or 847-492-4872

### **Menu**

Please read the menu planned for the conference. The meals are one of the most expensive costs of the conference. Please circle the meals you will be attending and circle your dinner choice for Thursday night on the registration form. Also list any dietary restrictions or if you would prefer the vegetarian option.

**Wednesday lunch:** Hot Beef or Vegetable Lasagna

**Thursday lunch:** Taco Salad or Pasta Primavera with Vegetables

**Thursday dinner:** Salmon with dill or Pork medallions with Brandy cream sauce or Portabella with quinoa and vegies

**Friday lunch:** Little Italy Buffet



**2018 IAPA Conference Registration Form**

Type or Print Clearly:

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Job Title \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ E-mail Address \_\_\_\_\_ Would you like an e-mail confirmation? \_\_\_\_\_

Facility \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail Address \_\_\_\_\_

First IAPA Conference?  Yes  No Local Association \_\_\_\_\_ County \_\_\_\_\_

**CONFERENCE FEES**

Registration Fee (Postmarked on or before September 22, 2018) *Please Circle Appropriate Choice*

	<b>IAPA Member Fee</b>	<b>Non-Member Fee</b>
Wednesday Morning (5 CEs with lunch)	\$ 75.00	\$100.00
Wednesday CPR Morning (4 CEs no lunch)	\$ 75.00	\$ 90.00
Wednesday First Aid Afternoon (4 CEs no lunch)	\$ 75.00	\$ 90.00
Wednesday CPR/First Aid (8 CEs <b>and lunch</b> )	\$140.00	\$190.00
Thursday-Only Registration (6 CEs and lunch)	\$125.00	\$175.00
Friday-Only Registration (4 CEs and lunch)	\$100.00	\$150.00
Thursday and Friday Registration (10 CEs and 3 Meals)	\$200.00	\$250.00
Administrators attending Thursday and Friday with a staff member	\$125.00	
Retired Board Member Rate Thursday and Friday (no meeting discount)	\$100.00	

*Take Advantage of the Member Rate by Joining Today. Complete the membership form enclosed and add \$35.00 for Individual dues or \$50.00 for Facility dues to the fees above.*

Late Registration Fee (Postmarked after September 22, 2018) **Add \$50.00 to the fees above**

**Deduct \$15.00** for each 2017/18 board meeting attended:      January 2018                      April 2018                      July 2018

**The following meals are included in the conference registration price, but you must sign up to be included in meal totals.**

Please circle which meals you are planning to attend.      Wednesday Lunch              Thursday Lunch

Thursday Dinner (please circle choice):      Salmon, Pork Medallions or Portabella Mushroom              Friday Lunch

Please indicate special dietary requests here \_\_\_\_\_

**Guest Meal Tickets:** Guests not registered for the conference **must** have a ticket for all meals. Please indicate # of tickets needed.

Wednesday Lunch (\$23.00)      Thursday Lunch (\$23.00)      Thursday Dinner (\$35.00)      Friday Lunch (\$26.00)

**CONFERENCE REGISTRATION FEE:** \$ \_\_\_\_\_

**IAPA MEMBERSHIP DUES:** \$ \_\_\_\_\_ (Include membership form)

**GUEST MEALS:** \$ \_\_\_\_\_

**LATE FEE:** add \$50.00 if postmarked after 09/22/2018 \$ \_\_\_\_\_

**TOTAL DEDUCTION FOR BOARD MEETINGS** \$(\_\_\_\_\_) (Maximum Deduction \$45 see above)

**DISCOUNTS FOR MEMBERSHIP DRIVE** \$(\_\_\_\_\_) (Maximum Deduction \$200)

**TOTAL ENCLOSED:** \$ \_\_\_\_\_

**COMPLETE REVERSE SIDE OF THIS FORM AND MAIL CHECK PAYABLE TO: IAPA**

IAPA CONFERENCE, 1711 W. Oakton, Arlington Heights, IL 60004

For More Information on the Conference or IAPA, contact Nancy Ichinose, Executive Secretary 847-342-1814

**PAYMENT MUST ACCOMPANY REGISTRATION.**

**DO NOT SEND CASH. CHECK, MONEY ORDER, CREDIT CARD OR PAYMENT THROUGH PAYPAL ACCEPTED.**

**Refund Policy:**

Cancellations postmarked on or before 9/14/18 will receive full refund.  
Cancellations postmarked 9/15/18 – 9/21/18 will receive a refund less a \$50 processing fee.  
Cancellations postmarked on or after 09/22/18 will not be refunded.

NAME \_\_\_\_\_

**REMEMBER TO CHOOSE 1<sup>ST</sup> AND 2<sup>ND</sup> CHOICES**

**Wednesday, October 3, 2018**

**CHOOSE (1) 5 HOUR INTENSIVE 9:00 AM – 3:00 PM**

\_\_\_1 Taking the Journey from Activity Programming into Meaningful and Personalized Engagement

**OR CHOOSE (1) 4 HOUR INTENSIVE 8:00 AM – 12:00 PM**

\_\_\_2 Adult, Child, Infant CPR and AED

**AND/OR CHOOSE (1) 4 HOUR INTENSIVE 1:00 PM – 5:00 PM**

\_\_\_3 Adult and Pediatric First Aid

**Thursday, October 4, 2018**

**CHOOSE (1) 90-MINUTE SESSION, 8:30 AM – 10:00 AM**

- \_\_\_A The Dance of Well-being: Finding New Avenues of Expression for Persons Living with Dementia
- \_\_\_B Canvas Creations: Looking Beyond the Paint (LIMIT 30)
- \_\_\_C "It's All in Your Head" Focus on Cognition
- \_\_\_D Imagine the Music

**KEY NOTE ADDRESS 90-MINUTE SESSION, 10:30 AM – 12:00 PM**

\_\_\_E Holding the Light: Power and Healing of Laughter and Mirth

**CHOOSE (1) 90-MINUTE SESSION FOR EACH BELOW, 1:45 PM – 3:15 PM**

- \_\_\_F Life is a Highway: Addressing Behaviors in Activities
- \_\_\_G "Never Bored When You Have a Board" Creating Fabulous Art (LIMIT 25)
- \_\_\_H Activity Programming for Men
- \_\_\_I Travelling the Resilience Road

**CHOOSE (1) 90-MINUTE SESSION FOR EACH BELOW, 3:30 PM – 5:00 PM**

- \_\_\_J Journey through the Senses
- \_\_\_K "Never Bored When You Have a Board" Creating Fabulous Art (LIMIT 25)
- \_\_\_L "Don't Stress Me Out" Teaching Relaxation to Seniors
- \_\_\_M Get Your Kicks on Route 66

**Friday, October 5, 2018**

**CHOOSE (1) 90-MINUTE SESSION, 8:30 AM – 10:00 AM**

- \_\_\_N The Different Types of Dementia
- \_\_\_O Recyclables: How to Use Them in Crafts and Decorations
- \_\_\_P Praying in Color
- \_\_\_Q Meeting Cultural Needs: A Matter of Respect

**CHOOSE (1) 90-MINUTE SESSION, 10:30 AM – 12:00 PM**

- \_\_\_R Alzheimer's Disease and Community: Walking Together and Sharing the Experience
- \_\_\_S Party Themes
- \_\_\_T Using Music Effectively with Older Adults

**CLOSING 60-MINUTE SESSION, 1:30 PM – 2:30 PM**

\_\_\_V The Music Connection

\* please note that by registering for this conference you agree to have your photo taken and used on the IAPA website and/or IAPA publications.

Please indicate if you would be willing to moderate a session you will be attending. Moderators assist the speaker and the organization by helping to pass out handouts and by introducing and thanking the speaker. **Yes or No**

**To keep the conference costs down we encourage all participants to bring a raffle prize or donation for the silent auction.**

# Membership Applications

## Take Advantage of IAPA Membership!!!

If you are not currently a member of IAPA, now is the time to join and take advantage of lower conference rates for members. Complete the membership application below, include the \$35 individual membership dues or \$50 facility membership dues with your conference registration fee and select the IAPA member rate category.

### MEMBERSHIP IS OPEN TO THOSE WORKING OR INTERESTED IN THE FIELD OF ACTIVITIES

INDIVIDUAL ANNUAL DUES ARE \$35.00

Check here if discount applies:

STUDENT - \$17.50

(proof of current enrollment must accompany form)

RETIREE - \$17.50

(proof of retirement must accompany form)

Retired Charter Member – FREE

I AM INTERESTED IN LEARNING MORE ABOUT:

IAPA CERTIFICATION

IAPA COMMITTEES  
(print name of committee below)

\_\_\_\_\_

New Member

Renewal

### INDIVIDUAL APPLICATION: TYPE OR PRINT INFORMATION

LAST NAME:

FIRST NAME:

HOME ADDRESS:

CITY/STATE/ZIP:

HOME PHONE:

FACILITY/AGENCY NAME:

FACILITY ADDRESS:

CITY/STATE/ZIP:

WORK PHONE:

JOB TITLE/POSITION:

COUNTY:

LOCAL ASSOCIATION:

EMAIL ADDRESS:

### MEMBERSHIP IS OPEN TO THOSE WORKING OR INTERESTED IN THE FIELD OF ACTIVITIES

FACILITY ANNUAL DUES ARE \$50.00

I AM INTERESTED IN LEARNING MORE ABOUT:

IAPA CERTIFICATION

IAPA COMMITTEES  
(print name of committee below)

\_\_\_\_\_

New Member

Renewal

### FACILITY APPLICATION: TYPE OR PRINT INFORMATION

CONTACT NAME:

JOB TITLE/POSITION:

ADMINSTRATORS NAME:

FACILITY/AGENCY NAME:

FACILITY ADDRESS:

CITY/STATE/ZIP:

WORK PHONE:

JOB TITLE/POSITION:

COUNTY:

LOCAL ASSOCIATION:

EMAIL ADDRESS: